QUEER CAFÉ

P R E S E N T S



WELCOME



Safe Zone Program



Ensuring a Safe, Supportive, and Affirming Environment for our LGBTQ Community







People fail to get along with each other because they fear each other.

They fear each other because they don't know each other.

They don't know each other because they have not properly communicated with each other.

Dr. Martin Luther King, Jr.





If you are not personally free to be yourself in the most important of all human activities... the expression of love... then life itself loses its meaning.

Harvey Milk

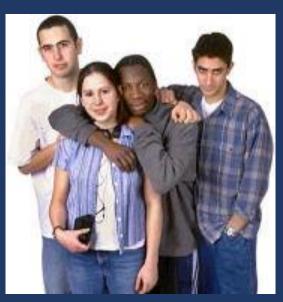
I do not think homosexuality is a choice... It's in one's nature. The choice is whether one expresses one's nature truthfully or spends the rest of one's life lying about it.

Marlo Thomas



I can never be what I ought to be until you are allowed to be what you ought to be.

Dr. Martin Luther King, Jr.



All young people, regardless of sexual orientation or identity, deserve a safe and supportive environment in which to achieve their full potential.

Harvey Milk



Educational initiative that provides resources and information about the issues and concerns of the gay, lesbian, bisexual, transgender, and queer community

Network of allies and advocates that provides a non-judgmental, supportive and affirming sanctuary for LGBTQ students

Diversity program aimed at increasing awareness and understanding of LGBTQ issues and fostering a climate of respect for and acceptance of people who are different

Organization of LGBTQ allies and advocates seeking to address bigotry, prejudice, discrimination, harassment, hatred, and violence

Group of concerned activists seeking to confront injustice and reduce homophobia, heterosexism, and other forms of oppression



All learning and work environments should be safe and free of discrimination, prejudice, and harassment

All sexual orientations and gender representations are part of our culture and should be acknowledged and supported

Sharing and discussing feelings is important to understanding the issues of difference and diversity

We value education and the need to be informed about current issues...

It is important to learn as much as we can about marginalized and misunderstood populations

It is important to civilized people to preserve human dignity, guard human rights, confront injustice, and to end all forms of oppression

Heterosexism is a form of oppression, like racism, which leads to discrimination, prejudice, harassment, and violence

It is possible to maintain one's individual moral perspectives, values and beliefs while behaving in ways that are respectful of people that are different from oneself



Sexual Orientation

Enduring emotional, spiritual, romantic, or sexual attraction that a person feels toward another person...

Sexual Orientation

One's natural fondness or affection for another person...

One's inherent or innate sexual interest in members of the same, opposite, or both sexes...

Sexual Orientation

One's intimate relationship with another person...

One's feelings of love for another person...

Sexual Orientation

It is not a choice, lifestyle or behavior...

It is an inner sense of identity

Gender Identity

Psychological understanding of one's self...

Personal conception of oneself as male or female...

Roles, perception, self concept...

Gender Identity

The way in which a person views him or herself...

How they feel inside

Gender Expression

Social expectations or interpretations...

Manner in which a person expresses his or her gender publicly...

Gender Expression

The way a person communicates his or her gender to others...

Outward appearance...

Mannerisms, clothing, hair style, speech pattern...

LGBTQ

Acronym used as an umbrella term to refer to...

Lesbian, Gay, Bisexual, Transgender, and Queer

Gay

Term used to describe men who have an emotional, spiritual, romantic or sexual attraction or affection for other men...

Sometimes the term is used to refer to all sexual orientations

Lesbian

Term used to describe women who have an emotional, spiritual, romantic, or sexual attraction or affection for other women...

Some women prefer to use the term "gay"

Bisexual

One who has significant sexual and romantic attractions to members of both the same and opposite sex...

This is an actual orientation and does not refer to someone who is confused or questioning

Transgender

Person whose core gender identity or psychological aspect is different from their physical or biological assignment...

Some, but not all, transgender people want to have gender reassignment surgery

Cisgender

Person whose core gender identity or psychological aspect matches their physical or biological assignment

Straight

People with a heterosexual orientation...

One who is attracted to members of the opposite sex

Questioning

Person who is exploring his or her sexual orientation or gender identity...

They are described as curious or unsure

In the Closet

LGBTQ persons who conceal their sexual orientation or gender identity from others...

LGBT persons who unable to tell their secret or reveal their true self to others

Coming Out

Act of telling another person that you are gay, lesbian, bisexual, or transgender...

Process by which someone is able to reveal or disclose his/her sexual identity to another person

Homophobia

Intense and irrational fear, hatred, and intolerance of same-sex relationships and LGBTQ people...

LGBTQ people are seen as sick, crazy, immoral, sinful, wicked...

Anything is believed to be justified in order to change them, including discrimination, harassment, and violence

Heterosexism

Assumption that everyone is or needs to be heterosexual..

Oppressive, prejudiced, bigoted, heteronormative attitude or mindset...

The notion that heterosexuality is more natural and normal..

The belief that heterosexuality is inevitable, superior, and preferred

Heterosexual Privilege

Heterosexuality is identified as the norm in our culture...

It is an exclusive position benefitting from societal and institutional reinforcement and entitlement...

It carries with it the elitist assumption that everyone should identify as heterosexual





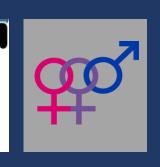












Bisexual







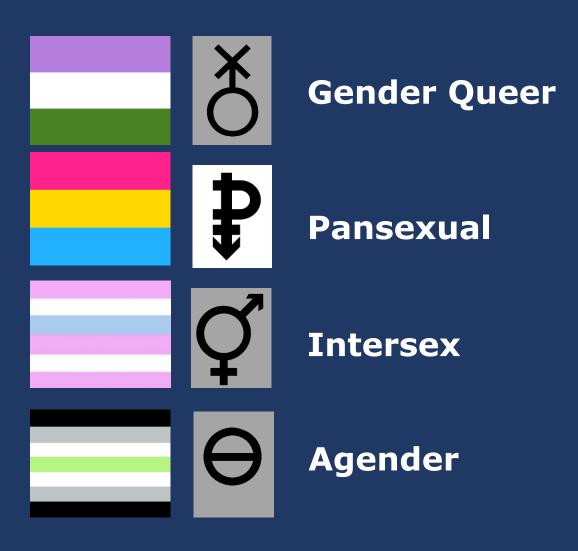
Transgender







Asexual





On average, about 4-7% of the population is gay, lesbian, bisexual, transgender, or queer...

Over 10 million people

Gay, lesbian, bisexual, transgender, and queer people have existed...

in every time period in history... in every culture...
In every segment of society... in every walk of life...









































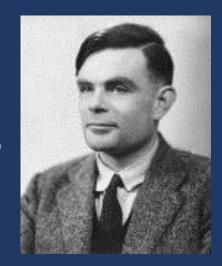
Lord Byron
Walt Whitman
Oscar Wilde
Langston Hughes
Ralph Waldo Emerson
Tennessee Williams
Edward Albee
Truman Capote



Barney FrankFormer US Representative
From Massachusetts



Alan Turing
Father of the
Modern Computer



Tammy Baldwin
US Senator
From Wisconsin

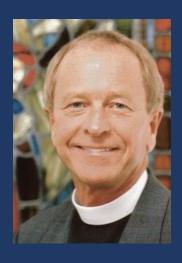
Sally Ride American Astronaut

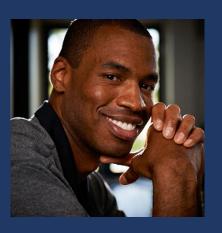




Rachel Maddow
MSNBC Television
Talk Show Host

Gene Robinson
Episcopal Bishop





Jason Collins
NBA Basketball Player



Martina Navratilova US Tennis Player



Greg LouganusUS Olympic Swimmer



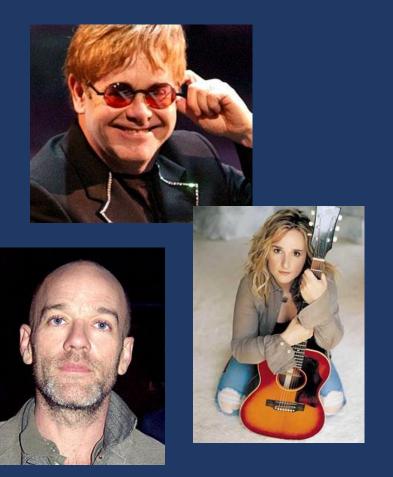
Michael Sam NFL Football Player



Laverne Cox
Orange is the
New Black



Tim Cook CEO of Apple Computers



Elton John Janis Joplin George Michael Michael Stipe Joan Baez Tracy Chapman KD Lang Lance Bass Ricky Martin









Ellen Degeneres Lily Tomlin B.D. Wong Rosie O'Donnell Portia de Rossi Neil Patrick Harris Wanda Sykes Raven Symone Suze Orman

Jim Parsons (Big Bang Theory) **Robin Roberts (Good Morning America) David Hyde Pierce (Frazier) Graham Chapman (Monty Python)** George Takei (Star Trek) **Cynthia Nixon (Sex & The City) Meredith Baxter (Family Ties) Kelly McGillis (Top Gun, Witness)** Jim Nabors (Gomer Pyle) Gillian Anderson (X Files) **Caitlyn Jenner (Olympic Athlete)**



CHALLENGES OF LGBTQ STUDENTS

LGBTQ youth are considered to be an at-risk population...

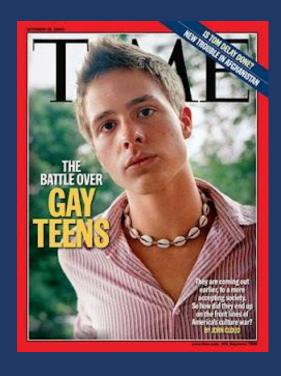
because they are members of a stigmatized minority

because they see themselves as fundamentally different

Because of the way society treats them

CHALLENGES OF LGBTQ STUDENTS

LGBTQ youth are considered to be an at-risk population...



They are often victims of bullying, harassment, abuse, threats, violence, and hate crimes

CHALLENGES OF LGBTQ STUDENTS

LGBTQ youth are at risk for...

Missed classes
Lower grades
Higher drop out rate
Verbal abuse
Physical assault and injury

LGBTQ youth are at risk for...

Lower self esteem
Limited coping skills
Lack of support
Peer and family rejection
Homelessness

LGBTQ youth are at risk for...

Feelings of fear, insecurity, isolation, loneliness, confusion, uncertainty, and shame

LGBTQ youth are at risk for...

Higher anxiety
Higher depression
Higher suicide rate
Higher drug and alcohol abuse

Hate Speech





Discrimination



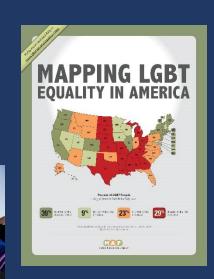
Workplace
Military
Marriage
Adoption
Hospitals
Housing

Anti-Gay Legislation

Federal Protections for LGBT People Reversed

New Anti-Gay State Laws

Increased Violence to LGBTQ People Under New Administration



Incidence of Violence



Matthew Shepherd
Lawrence King
Billy Jack Gaither
Tyler Clementi



Incidence of Violence











Incidence of Violence















Facts and Statistics

84% of LGBTQ youth reported being verbally harassed at school

Facts and Statistics

39% of LGBTQ youth reported being physically harassed at school

Facts and Statistics

90% of LGBTQ youth reported hearing homophobic remarks from classmates

Facts and Statistics

82% of LGBTQ youth reported that faculty and staff never intervened when homophobic remarks were made in their presence

Facts and Statistics

39% of LGBTQ youth reported hearing homophobic remarks from faculty and staff

Facts and Statistics

9 out of 10 LGBTQ youth have experienced some kind of anti-gay harassment at school

Facts and Statistics

60% of LGBTQ youth felt unsafe at school because of their sexual orientation

CHALLENGES **Facts and Statistics** times more often than their straight peers

OF LGBTQ STUDENTS

LGBTQ youth are bullied 2 to 3

Facts and Statistics

LGBTQ youth are 190% more likely to abuse drugs and alcohol than their straight peers

Facts and Statistics

44% of LGBTQ youth have been the target of harassment, verbal abuse, and physical abuse at home

Facts and Statistics

49% of LGBTQ youth have been the target of anti-gay hate acts at school

Facts and Statistics

48% of LGBTQ youth were the target of discrimination, harassment and violence at work, including 15% who were fired

Facts and Statistics

39% of LGBTQ youth report acts of vandalism, threats, and assault in their neighborhoods and communities

Facts and Statistics

LGBTQ youth are 4 times more likely to commit suicide than their straight peers

Facts and Statistics

Suicide is the leading cause of death among LGBTQ youth

30% of all teen suicides are committed by LGBTQ youth



Friends of the LGBTQ community

Faculty, staff, administrators, and students

They may be part of the LGBTQ population...

Or they may be straight

Active supporters of the LGBTQ community

Treat LGBTQ people with unconditional positive regard

Committed to protecting and safeguarding the rights of LGBTQ people

Seek to foster a safe and affirming environment for LGBTQ students

Actively, publicly, and courageously practice acceptance of LGBTQ people

Speak out in behalf of LGBTQ people

Help LGBTQ people in the coming-out process

They help others understand the importance of equality, fairness, tolerance and mutual respect

Their message to LGBTQ people...

You will be treated with dignity and respect

You will not be judged or condemned

You can trust me

Their message to LGBT people...

You can be yourself with me

You do not have to hide who you are or guard your speech

You can speak freely about aspects of your life



RESPONDING AS AN ALLY OR ADVOCATE

COMMUNICATION
COMPASSION
CREDIBILITY
COURAGE

RESPONDING AS AN ALLY OR ADVOCATE

COMMUNICATION

Be an active and engaged listener...

Be ready to respond and willing to discuss...

Facilitate open and honest dialogue...

RESPONDING AS AN ALLY OR ADVOCATE

COMPASSION

Be open minded...
Be sensitive....
Be inclusive...

Use inclusive language...
Avoid heterosexist language and assumptions...

COMPASSION

Be respectful...

Be trustworthy...

Be empathetic...

Be available...

Let LGBTQ people know that you are a safe person with whom to discuss their issues...

CREDIBILITY

Educate yourself about LGBTQ issues and concerns...

Be knowledgeable of news and current events in the LGBTQ community...

Be aware of the latest research relevant to LGBTQ topics...

CREDIBILITY

Be aware of available LGBTQ resources and services...

Attend LGBTQ events, activities, and programs...

Socialize with your LGBTQ friends...

COURAGE

Confront politely...
Educate others...

Dispel myths, misconceptions, And misinformation...

Let your others know that homophobic comments and jokes are offensive...

COURAGE

Don't ignore the topic of sexual orientation and gender identity...

Speak up...
Defend your LGBTQ friends against discrimination...



Choose the right words and proper language

Communicate respect

Avoid being offensive

More than just being politically correct

NO:

Homosexual

YES:

Gay Lesbian Bisexual LGBTQ

NO:

Sexual Preference

YES:

Sexual Orientation

NO:

Admitted Homosexual Avowed Homosexual

YES:

Openly Gay

NO:

Gay Lifestyle Homosexual Lifestyle

Is There Such a Thing as a Straight Lifestyle?

GOOD:

Gay Marriage

BETTER:

Same Sex Marriage

BEST:

Marriage Equality

OR HOW ABOUT JUST:

Marriage

NO:

Homosexual Agenda Gay Agenda

YES:

Gay Rights Movement Civil Rights Movement

NO:

Special Rights

YES:

Equal Rights
Equal Protection
Human Rights

NO:

That's so gay

YES:

That's so bad
That's so stupid

NO:

fag, faggot, homo, dyke

YES or NO:

queer

depending on the context, situation, individual person

NO:

pervert, deviant, depraved, unnatural, immoral, sinful

NO:

disorder, disease, illness, sickness, dysfunctional, crazy, unstable

NO:

in need of curing in need of repair in need of conversion

NO:

promiscuity, pedophilia, child sexual abuse, sodomy, bestiality, polygamy, adultery, incest



What if someone comes out to you?

What if someone tells you they are gay?

How should you respond?

Regardless of your own personal or moral belief about LGBTQ people, keep in mind that the person has made him or herself vulnerable

Don't judge

Simply listen to the person

Don't express shock or dismay

Don't act awkward or uncomfortable

Offer support, acceptance, understanding, and comfort

Acknowledge them

Let them know that you heard what they said

Ask open-ended questions to show that you are interested and that you care about them

Recognize the trust

If someone voluntarily comes out to you, he or she is putting a lot of trust in you and has displayed a lot of courage

Acknowledge their courage and trust

Be trustworthy

Match their words and mirror their emotions

Maintain contact...

Let the person know that he/she is still important to you

You don't need to treat him/her differently

Keep confidentiality



THANKYOU



Safe Zone Program





QUEER CAFÉ LGBTQ INFORMATION NETWORK www.queercafe.net