

Sex and Gender Model

PHYSICAL

Biological
Sex



PSYCHOLOGICAL

Gender
Identity



SOCIAL

Gender
Expression



EMOTIONAL

Sexual
Orientation



Understanding the Elements of Sex and Gender

Sex and Gender Model

Physical Elements
Physiology
Anatomy
Medical Assignment
Bodily Features
Organs/Genitals
Hormones
Chromosomes

Psychological
Perception
Self Concept
Inner View
of Self
How One Feels
Inside

Social Construct
Outward Appearance
Societal Expectations
Roles/Behavior
Presentation
to Others
Clothing/Hairstyle
Grooming/Make-Up
Speech/Mannerism

Emotional Response
Romantic Attraction
Erotic Interaction
Sensual Affinity
Affection
Spiritual Connection
Relationships
Love

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Sex and Gender Model

MALE
(XX)

▲
Intersex
Hermaphrodite

▼
FEMALE
(XY)

MAN
(Boy)

▲
Gender Variant
Two Spirit/Third Gender
Gender Fluid
Transgender

▼
WOMAN
(Girl)

MASCULINE
(Butch)

▲
Agender/Genderless
Androgynous
Drag/Transvestite

▼
FEMININE
(Femme)

HETEROSEXUAL
(Straight)

▲
Bisexual
Pansexual/Polysexual
Asexual

▼
HOMOSEXUAL
(Gay/Lesbian)

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